

# MONTHLY HOUSEHOLD SHOPPING LIST

Tick what is appropriate for the month

Household	Health and Beauty	Children	Pets
Air freshener	Aspirin	Bath soap	Kitty litter
Aluminium foil	Bandages	Body lotion / oil	Pet food
Auto supplies	Calcium	Diapers	Other:
Bleach	Eye care	Diaper cream	
Brooms	Gauze	Shampoo	
Candles	Heat wraps	Toothbrush	
Carpet cleaner/freshener	Vitamins	Toothpaste	
Cleaner	Other medicines:	Wet wipes	
Dishwasher soap		Other:	
Furniture polish			
Floor cleaners			
Hardwood floor cleaner	Bath soap		
Laundry detergent	Body lotion		
Laundry prewash	Cotton face pads		
Light bulbs	Dental wash		
Fabric softener	Dental floss		
Fabric softener sheets	Denture fixture		
Glass cleaner	Deodorant		
Insecticides	Face cream/Night cream		
Matches	Feminine Hygiene		
Mops	Hair colour		
Mops refills	Hair mousse/gel		
Oven cleaner	Hair care		
Paper ware	Hand cream		
Paper towels	Hand soap		
Plastic wrap	Razor blades		
Scourer	Shampoos /Conditioners		
Sponges	Shaving cream/ gel		
Washable kitchen towels	Toilet paper		
Toilet bowl cleaner	Toothbrush		
Toothpicks	Toothpaste		
Wax paper	Other:		
Window cleaner			
Other:			

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