

# MY PERSONAL GOALS

THIS YEAR \_\_\_\_\_

Rank it!	I want to...	My helping tools are...	I need the following to help me accomplish my goals.....	My reward will be...
1				
2				
3				
4				
5				

Stick PICTURES to help you achieve your goals HERE

**OVER THE NEXT 10 YEARS FROM \_\_\_\_\_ TO \_\_\_\_\_, I WANT TO DO THE FOLLOWING:**

Please tick off when accomplished and don't forget to reward yourself for each accomplishment.

I want to....	I want to....	I want to....	I want to....	I want to....
1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

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